6. Thermoregulation in poikilotherms and homotherms

BIOS 0501B (Group A)
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Heat

• Is the lowest grade of energy generated through metabolism
• But a determinant of metabolic rate
Heat exchange

- For the body temperature of an animal to be constant, the sum total of its heat gains by all mechanisms taken together must equal the sum total of all its heat losses.
Titbit

- Thermal radiation
  - shortest wavelengths emitted by a surface at 30°C temperature are between 3 and 4 µm
  - Any two objects generate and exchange heat in this manner
Kinds of thermoregulation

- **Endothermy**: if an animal’s tissues are warmed by its metabolic production of heat
- **Ectothermy**: if not
- **Thermoregulation**: another aspect
  - Another aspect
Poikilothermy (Ectothermy)

- Most common type of thermal relation exhibited by animals
- *poikilothermy* emphasizes the variability of body temperature
- *ectothermy* emphasizes that outside conditions determine the body temperature
- **Not** cold blooded
Behavioral thermoregulation

- Desert iguana keeps body temperature within 38–42°C during daylight hours, and it often keeps its temperature within 2–3°C of the mean for hours on end.
- And in the below example, living lizards in a natural setting on a Mediterranean island were found to exhibit far less variable body temperatures than lizard models placed randomly in the same environment.
Have to function at variable temp

- A cool day desert iguana may never attain preferred body temperature of 38–42°C
- So they have to be able to function at variable temperature
- Eurythermal, can function over wide ranges of body temperature (goldfish, 5–30°C)
- Stenothermal, have comparatively narrow ranges of body temperature over which they can function.
Responses in time frame

• The three major time frames of physiological response to the environment provide a useful way to organize knowledge of the relations of poikilotherms to their thermal environments

  – acute responses
  – chronic responses
    • acclimation and
    • Acclimatization
  – evolutionary changes
Acute responses

When the body temperature of an individual poikilotherm is raised in a series of steps and its metabolic rate is measured promptly after each upward step, the usual pattern is that the resting metabolic rate increases approximately exponentially with the animal’s body temperature.
The relation between metabolic rate and body temperature in tiger moth caterpillars (family Arctiidae), plotted in two ways.
Acclimation

• “33°C-acclimated” group, was maintained for 5 weeks at 33°C
  – Then exposed acutely at 16°C, 28°C, and 33°C
• Vs
• “16°C-acclimated” group, was maintained for 5 weeks at 16°C
  – Then exposed acutely at 16°C, 28°C, and 33°C
5 week followed by 5 more
Mechanism of acclimation

- Cells modify their amounts of key, rate-limiting enzymes, notably enzymes of the Krebs cycle and the electron-transport chain
  - number of mitochondria per unit of red swimming muscles of fish increases in some cases
  - amounts of key enzymes per mitochondrion are increased in some
Acclimatization

• Single species that were collected at three latitudes along the West Coast of the United States.
  – the populations of mussels living in relatively cold, high-latitude waters and warm, low-latitude waters were more similar to each other in pumping rates than they otherwise would have been.
• Acclimatization
Rate–temperature relations

- When body temperature is at the level associated with ➊, the rate of performance is at its peak.
- If body temperature rises above ➊, performance will shift to the range labeled ➋.
- Point ➌ marks the body temperature at which an animal’s maximal rate of O₂ consumption is little higher than its resting rate of O₂ consumption.
- Point ➍ is the temperature at which elevated body temperature is itself directly lethal.

![Generalized performance curve](image-url)
Two examples

- So the situation turns worse before death
- That can very well be the cause of extinction
- The cause?
  - May be dissolved oxygen
Evolutionary changes

Cow at 25°C

The cow lens looks like this after 1.5 h at 0°C.

Soldierfish at 15°C

The soldierfish lens looks like this after 48 h at 0°C. A cold cataract takes longer to form than in the cow, but forms.

Antarctic toothfish at −2°C

The lens of the Antarctic toothfish looks like this after a lifetime at −2°C.

As the preferred body temperature of a lizard species increases, so does the body temperature at which its sprinting speed is maximized.
Enzyme – substrate affinity

(a) Enzyme–substrate affinity as a function of temperature in a goby

(b) Enzyme–substrate affinity as a function of temperature in six species of poikilotherms

All the blue line segments, which identify the ordinary body temperatures of the species, fall within the narrow vertical distance marked by the shaded band. Thus, affinity for substrate is kept relatively constant at the respective ordinary body temperatures of the species because of the the evolution of different LDH homologs.
When living at their respective ordinary temperatures, the four species of barracudas display similar enzyme–substrate affinities because they have different homologs of LDH.
Fluidity of cell membrane

Fluidity is kept relatively constant at the respective ordinary body temperatures of the species by the evolution of different membrane phospholipid compositions.
Response to cold

• Colligative
  – polyhydric alcohols, especially glycerol, sorbitol, and mannitol.

• Noncolligative
  – They are believed to act by binding (through weak bonds such as hydrogen bonds) to nascent ice crystals in geometrically specific ways, thereby suppressing growth of ice by preventing water molecules from freely joining any crystals that start to form. They stop nucleation.
  – Thus solutions containing these antifreezes exhibit the unusual property—termed thermal hysteresis—that their freezing points are substantially lower than their melting points.
  – Anti-freeze proteins
Seasonal change in anti-freeze
Hsp
Physiological signals that activate HSP70 expression

- hyperthermia
- hypothermia
- hypoxia/hyperoxia
- I/R
- Energy Depletion
- acidosis
- Viral infection
- ROS/RNS

Stressor

HSP
HSF

Inactive HSP:HSF Complex

HSP mRNA

Transcription

Stress-denatured protein

Refolded protein

Nucleus

HSE

Translation

trimerization Of HSF

P

P
Text & Images

Hill
Almost